

# In the Light

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Women Inseparable



Romans 8:35-39

# *In the Light*

by Jaclyn Palmer

A 9 week study - No homework. No cost. No pressure.  
Come as you are & where you are.

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# Women Inseparable



## Romans 8:35-39

We are women who stand together on the promise of Jesus Christ's love that He displayed on the cross, sealed in the grave, and eternally proclaimed in His resurrection!

As followers of Jesus, we are Inseparable of Christ's love despite our various journeys of life, our joys, our pains, our society, our culture, our location or the physical distance between us.

And in His Love, we stand together in Prayer, Scripture, and Girl Time proudly declaring that we are Women Inseparable.

*Who shall separate us from the love of Christ?*

*Shall tribulation or distress, or persecution, or famine,  
or nakedness, or danger, or sword?*

*As it is written, "For your sake we are being killed all the day  
long; we are regarded as sheep to be slaughtered."*

*No, in all these things we are more than conquerors  
through him who loved us.*

*For I am sure that neither death nor life, nor angels nor rulers,  
nor things present nor things to come, nor powers,  
nor height nor depth, nor anything else in all creation,  
will be able to separate us from the love of God in  
Christ Jesus our Lord.*

*Romans 8:35-39 ESV*

## WELCOME,

Here we are—as daughters of the One True God—basking *In the Light*. As followers of Jesus Christ, we wonder what being In the Light looks like in our lives, as we are and where we are.

- How do we live and walk and talk In the Light?
- How do we radiate that Light in the midst of a darkened world?
- And why are we commanded to do something almost too grand to comprehend?



*Jaclyn Palmer*



There we are beholding the beauty of The Light. As servants of Jesus Christ, we step into the world.

We see the reason God the Father entrusted us with a desire bigger than anything our flesh could ever dream of. The answer: Jesus. Jesus in us in the world,

*For God so loved the world  
that He gave His Son...and His Son called us  
the Light of the world.*

Together In the Light,  
~ Jaclyn

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# Question Guide

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Did I read this out loud?

Did I write out this passage?

Did I pray over this passage?

What's the context?

Who is speaking?

Who is listening?

Where are they?

What year/season is it?

What about the culture?

Who asked the question?

Is this based on tradition?

Is this teaching freedom in the New Testament?

Are there repetitive words?

What Scripture comes to mind?

Is this seen elsewhere in the Old/New Testament?

## WEEK 1 - WHO IS THE LIGHT?

- ☐ John 1:1-9
- ☐ John 9:3-5
- ☐ John 12:46

### Simple Truth

"God is light," says John in his opening chapter (1 John 1:5), "and in Him is no darkness at all." David declares, "For it is you who light my lamp; the Lord my God lightens my darkness." (Psalm 18:28)

The Psalmist cries out, "*The Lord is God, and he has made his light to shine upon us. Bind,*" he cries out, "*the festal sacrifice with cords, up to the horns of the altar!*" (Psalm 118:27). Celebration is due to the glorious light of our God that He so lovingly shines upon us! Oh, that we celebrate His light!

Jesus is the true light—as so lovingly proclaimed by John (John 1:9). God's light came into this world through the submission of Jesus Christ. He came and dwelt among us. To those who witnessed God in the flesh, Jesus says, "*The light is among you for a little while longer. Walk while you have the light, lest darkness overtake you. The one who walks in the darkness does not know where he is going. While you have the light, believe in the light, that you may become sons of light.*" (John 12:35-36)

The Holy Spirit is—in His very character—the Light, for God is light. However, there is not a specific Scripture passage that shines the light of the Holy Spirit of himself. He is here to draw the world to the light (John 3:8). The Holy Spirit truly enters into the reality of each soul as they are and where they are. He willingly meets us in our darkest hour, in the depths of our hidden sin, and patiently brings us to the light. We know that He is God and therefore light, yet in our darkness He meets us in the right amount of brightness. Such love of our God to enter darkness for our salvation!

"*You are the light of the world,*" says the True Light (Matthew 5:14). Selah.







# Journal Time

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Who is the Light?

## SCRIPTURES

- John 1:1-9
- John 9:3-5
- John 12:46
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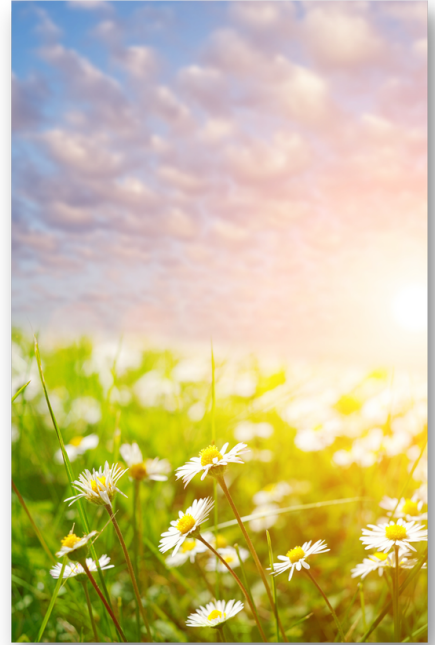
WHAT OTHER QUESTIONS DO I HAVE? / SOMETHING NEW I LEARNED

## WEEK 2 - THE LIGHT OF THE WORLD

- Matthew 5:14
- Acts 13:47
- Luke 2:29-32

### Simple Truth

The very response and reaction within your soul to this truth is, well, it is everything. It is your salvation testimony. It is the vision for your every day. It is your purpose in each relationship. It is your hope. It is your future. It is your love. It is Jesus: Jesus in you.



As long as Jesus was in the world, He was the light of the world (John 9:5). Then, He forgave us of our sins through His death and resurrection. In our belief in Him, we become the light of the world. Selah.

In our response of belief in Jesus and in our reaction to following Him, we are now the light of the world. At one time we were darkness, but now we are the light of the Lord to the world. The glorious truth about being called the light of the world is the timing in which it happens. It happens on the day of your salvation. It is not something you have to improve in order to attain. It is Jesus in you the moment you place your faith in Him—as you are.

That light in you is bright enough to testify of Jesus' love that very day.

His light in you is bright enough to testify of Jesus' love, *today*.



# Journal Time

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## The Light of the World

### SCRIPTURES

- Matthew 5:14
- Acts 13:47
- Luke 2:29-32
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### WHAT OTHER QUESTIONS DO I HAVE? / SOMETHING NEW I LEARNED

## WEEK 3 - WALK IN THE LIGHT

Oh, that we will walk as children of light!

- Ephesians 5:8-21
  - Be a reflection of Jesus for the world to see!

### Simple Truth

The world needs us. It needs to see the hope in us. We are a reflection of Christ. This is not a “should be” goal in life. It is a definite truth as a Christian. As you are—you are a light of the world. Where you are—you are a light of the world. Walk in that!

Do not *try* to shine or *want* to shine. Simply, shine! You are the light of the world whether you think you are or not; for you are a Christian, a light of the world.



The same Holy Spirit who met you in your sin to bring you to the Light now resides within you to walk with you as the light. You are not alone in this radiant journey. You do not have to rely on your flesh and personal ability to produce light. The Holy Spirit who brought you into the Light will ever be with you to grow you. He did the work in your salvation; allow Him to do the work in your sanctification (growth). As He is working in you, you worship in song—both in your heart to the Lord and in the ears of others. What a fascinating assignment given to us by Paul in Ephesians 5:19. Starting today, say thank you to God for all things in the name of Jesus Christ your Lord. Be vocal in your conversation with God throughout the day. Lift up your voice in sentences of thankfulness for, well, everything.

**Personal challenge:** replace your pressure of “Being a good light to the world” with the simple act of verbalizing praise to God throughout your day. Remembering that as you are worshiping in song and saying thank you to God in the name of Jesus Christ your Lord, the Holy Spirit is at work in you—the light of the world.



# Journal Time

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Walk in the Light

## SCRIPTURES

- Ephesians 5:8-21
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WHAT OTHER QUESTIONS DO I HAVE? / SOMETHING NEW I LEARNED

## WEEK 4 - BRIGHTER THAN DARKNESS

- 2 Corinthians 4
- 1 Thessalonians 5:4-6
  - As children of the light we should be steadfast and ready for His coming. Let's not be surprised at what will come.
- 1 John 1:5-7; 2:8-11

### Simple Truth

Key "light shining players" according to 2 Corinthians 4 are God, Jesus Christ, servants of Christ, you, and Satan.



A key truth to remember is: it is not about you. It's about Jesus, always. Satan knows and is fighting to blind the eyes of those who are lost to the Way, the Truth, and the Life that is called Jesus Christ. The servants of Christ, as Paul defines he and his partners, are also well aware of the dynamic between the Light and darkness. They know their place. They know their purpose. And they know what Name they are to proclaim.

A key challenge, if you will, definitely presents itself before our eyes. 2 Corinthians 4 describes our "Jar of clay" as a simple source meant for eternal glory. This is an image, a truth, almost too hard to comprehend. Yet, in our clay, we are given a place in the kingdom of God with a purpose to be a light to the world around us by proclaiming the name of Jesus. This personal challenge has nothing to do with us. For we are a jar of clay growing older by the day. But Jesus is the eternal Son of God who demonstrated His love for the world and has promised to come again.

There we are, today, waiting for the return of Jesus Christ and proclaiming His name so that—as grace extends to more and more people—thanksgiving, to the glory of God, may abound.





# Journal Time

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## Brighter than Darkness

### SCRIPTURES

- 2 Corinthians 4
- Thessalonians 5:4-6
- 1 John 1:5-7; 2:8-11
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### WHAT OTHER QUESTIONS DO I HAVE? / SOMETHING NEW I LEARNED

## WEEK 5 - OUT OF DARKNESS

- 1 Peter 2:9
- Psalm 118:27
- Isaiah 5:20
  - Do not let the darkness dampen your light.
  - Be steadfast in the truth even when the culture would call you evil.

### *Simple Truth*

To live in the light, fully, is what we aim to live for, is it not? We know what it looks like to live in the darkness, fully. We remember. We can see it, taste it, feel it....

We know its comfort and its warmth in a strange, familiar way. We remember because we “once were” a person without the love of Jesus Christ within us.

But now. But now we are no longer that person of emptiness, of darkness. We are chosen, royal, holy, owned. And in this new way, this new truth, we are now a person with an intent purpose. That purpose is to be a declaration of one who is out of darkness and in the light.

The question that stumps us is, what does that look like? We know what it looks like to walk in darkness, for that is the story of our past. We’ve walked that. We’ve lived that. But to walk in the Light is new. And it is ever new. The newness of walking in the light of God is always new. Always, the Spirit is working within us, opening our eyes to a new freedom found in the Word of God that draws us closer to God and further from the darkness of yesterday. This process is always happening, so we are always learning what it looks like to walk in the light. This is faith, is it not? This is wonderful. It is exciting and scary and beautiful and trusting.

This is life out of darkness.





# Journal Time

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## Out of Darkness

### SCRIPTURES

- 1 Peter 2:9
- Psalm 118:27
- Isaiah 5:20
- 
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### WHAT OTHER QUESTIONS DO I HAVE? / SOMETHING NEW I LEARNED

## WEEK 6 - THE LIGHT OF THE EYES

- Proverbs 15:30
- Proverbs 29:13
- Matthew 6:22-23; James 5; 1 John 2

### Simple Truth

Ah, treasures. How greatly they affect our hearts! I suppose the first thing we must do is open our treasure chest. Will you consider looking intently to list each "jewel" that casts a glimmer in your eyes?

Perhaps you will list the names of hearts that you hold as dear as gold. Perhaps you will see temporal treasures sparkling in the midst of eternal beauties. I don't know what sits in your treasure chest. What do you see?

The Bible tells us that our eyes are the reflection of the light that sets our soul aflame. Consider Moses and Stephen. The faces of these men shone as they gazed upon God. The treasure that sat within their hearts spilled out of their eyes as their eyes were set upon God alone.

Look at the eyes of a groom as his bride walks down the aisle or read the expression of a mom as she holds her very heart in her arms. These eyes express the treasures within. Love. Love for the person to whom they promise to have and to hold, to protect and guide. Sweet friend, whether we admit it or not, our eyes give us away. What makes your eyes light up? The answer to this question will reveal what is favored within your heart. Does the name of Jesus light up your eyes or is His name simply the name of the One who saved your soul? Does Scripture set your heart on fire causing your eyes to dream about eternity with your God or is the Bible simply on your to-do list? Jesus tells us to embrace treasures in heaven and to do that while living today. Practically speaking, how do we do that? What does that look like?





# Journal Time

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## The Light of the Eyes

### SCRIPTURES

- Proverbs 15:30
- Proverbs 29:13
- Matthew 6:22-23
- James 5
- 1 John 2



### WHAT OTHER QUESTIONS DO I HAVE? / SOMETHING NEW I LEARNED



## WEEK 7 - THE LIGHT OF THE WICKED

- Job 18:5-6; 21:17; 38:15
- Luke 11:35-36
- Proverbs 13:9
- Proverbs 24:20

### *Simple Truth*

What happens when we study our treasure and conclude that its reflection is dim or even altogether dark? What then? Solution: 1 John 1:9; Ephesians 5. Wake up, sleeper, and let His face shine upon you.

Reflect. Allow His shining to shine on you. Don't try to glitter on your own—you'll probably just look like you're "glistening." ;) Let His light do the work. You sit in His radiance. Let it wash over you, thoroughly.

The light of the wicked has an end—a seemingly hopeless end. But God is not done with their truth. He has given His children as a light. It is the hope of the wicked. Consider the brightness of your light in the eyes of the one overcome by the darkness.

Ponder what God can do when we are willing to show up in the darkness of another. Not that we are partaking in the darkness, but we are willing to show up beside the human that is in the shadow. The light of Jesus Christ is brighter than the light of the wicked. Their light is temporary. May we not allow ourselves to be blinded by the light of man. Rather, may we be the fullness of light eternal to those who are blinded by the light of man. Oh, that we will remember who we are and whose light is manifested in us! One day we will see our identity, fully. I declare it is time to wrap our head around that future identity and shine the fullness of that light today.

May we pray that souls will be drawn to Jesus through our grasping of the warmth of His Light upon us. Job 33:27-28





# Journal Time

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## The Light of the Wicked

### SCRIPTURES

- Job 18:5-6; 21:17; 38:15
- Luke 11:35-36
- Proverbs 13:9
- Proverbs 24:20
- 



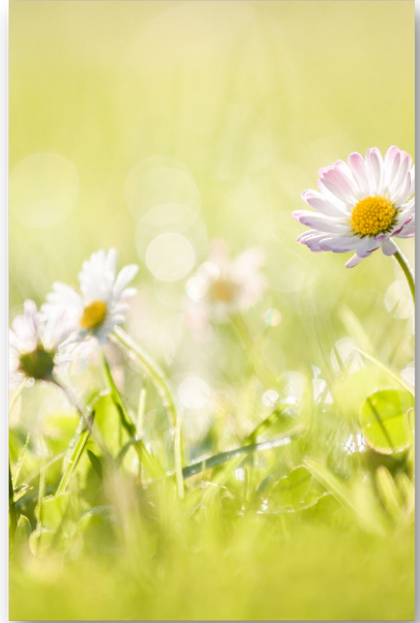
WHAT OTHER QUESTIONS DO I HAVE? / SOMETHING NEW I LEARNED

## WEEK 8 - THE LIGHT OF THE WORD

- Psalm 6:23; 27:1
- Psalm 119:105
- Isaiah 2:5
- Isaiah 60
- Psalm 4:6; 43:3; 40:11

### *Simple Truth*

Thy word is a lamp to my feet and a light to my path. We know this. We say this. Do we do it? Do we know how to turn on the lamp and how to see the path in its light?



What does it mean to open the Bible and shine it upon our feet? Isn't that what it is saying? John tells us that the Word was in the beginning, that It was with God, and that It was God. The very Word of God is Jesus Christ, the eternal Son of God. The author and the finisher of your faith. The one who was and is and is to come. The sword that cuts the bone from the marrow. The spoken breath of life and the final word of darkness' fatality.

The Word of God is alive as Jesus is alive. And, today, you and I hold the very living breath of Jesus Christ in our hands. Selah.

Carry the Word of God with you wherever you go. Open its pages and read the words scripted throughout its books and letters. Study the depths of its Truth. Ask questions. Seek the Spirit's wisdom, knowledge, and understanding. See the way in which it is illuminating your heart. Listen. Sit in silence. And follow Him.

That is faith. To behold the Word of God as your lamp and the light to your path is a very demonstration of your faith in the Son of God.



# Journal Time

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## The Light of the Word

### SCRIPTURES

- Psalm 6:23; 27:1
- Psalm 119:105
- Isaiah 2:5
- Isaiah 60
- Psalm 4:6; 43:3; 40:11



WHAT OTHER QUESTIONS DO I HAVE? / SOMETHING NEW I LEARNED

## WEEK 9 - LIVE IN THE LIGHT

- Psalm 97:11
- Psalm 119:105
- Isaiah 58:8
- Matthew 4:12-17; Isaiah 9:2

### *Simple Truth*

It's time to shine as we are—today. The question remains, What does that look like for you? We have seen the world around us. We have identified the temporary light of the darkness. And we are learning to embrace the light that illuminates our feet at every moment.

With our new vision, it is time to rise up. The beauty to this truth is the difference that dances within each of us. The Spirit has called us to follow Jesus, and we said yes. Just the same, the Spirit has filled us with His gift and is asking us to follow Him, trusting Him to pour the Love of God out of us through that gift. Will we say yes?

Try not to focus on “what that will look like.” Simply say yes and allow the light of the Word to light up the path that sits before you today. And then step in the safety and the beauty of the light. Trust the Lord with all your heart. Lean on the understanding of the Holy Spirit, fully. Acknowledge the presence and purpose of God in all the ways that sit before you.

And behold the straight path that He is laying before you—step by step. Faith by faith.

Together, let us shine the light of Jesus as we are and where we are—illuminated within and without by the Eternal Light of our Risen Savior, Jesus Christ.







# Journal Time

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## Live in the Light

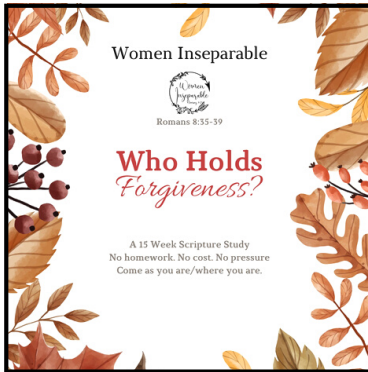
### SCRIPTURES

- Psalm 97:11
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- Isaiah 58:8
- Matthew 4:12-17; Isaiah 9:2
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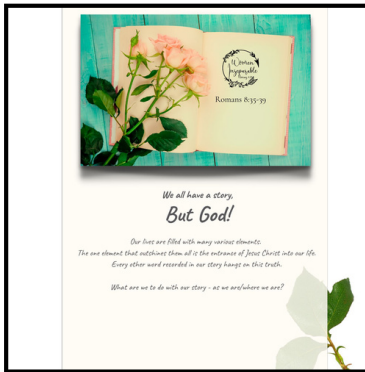
WHAT OTHER QUESTIONS DO I HAVE? / SOMETHING NEW I LEARNED

## ADDITIONAL STUDIES AVAILABLE ON SOCIAL MEDIA



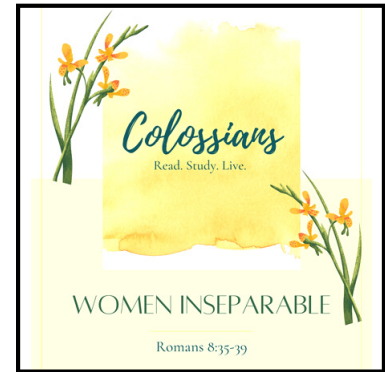
### Who Holds Forgiveness?

Forgiveness stirs up multiple emotions within our souls. May we sit in the Master's Hand to see what forgiveness looks like from that viewpoint.



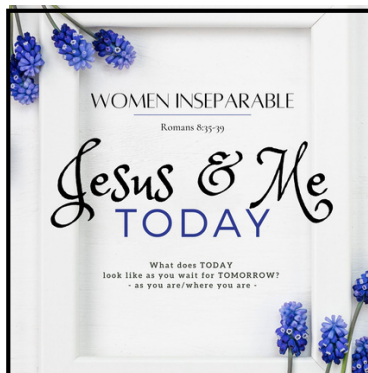
### But God!

Everyone has a story. May we be open to seeing our story as a light for His glory. Learn how to listen to your story and to share it with one in need.



### Colossians

Read. Study. Live! Take these 12-weeks to grow in the various ways of rooting yourself in the Word of God. Each of these three things are beautifully vital for growth.



### Jesus & Me Today

Scripture declares, "Jesus is coming again." But what does that truth look like in our daily lives? Learn how to live today as you earnestly wait for tomorrow.



### Prayer & Fasting

A 2-part 20 week study that will grow your prayer life and your fasting life into what God desires it to be: A rich, ongoing conversation between God's heart and yours.



### Freedom in Christ

We all desire to know what freedom would feel like—true freedom from that one thing that overwhelms us. This study tackles those real matters and walks us into His gift of Freedom.

# Tools & Resources

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01 [Spiritualgiftstest.com](http://Spiritualgiftstest.com)  
Access a free test to see what your Spiritual gifts are.

04 **Audio**  
[Podcast](#), [iTunes](#), [iHeart](#)

02 [gotquestions.org](http://gotquestions.org)  
Type in Biblical questions and read sound, Scriptural references for a deeper personal study.

05 **Video**  
[Rumble](#) & [YouTube](#)

03 [bibleproject.com](http://bibleproject.com)  
Video database easily explains Biblical topics and content of each book of the Bible.



Got Questions? Contact us at:

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